



EGD Instructions

Your procedure is scheduled on:

Transportation on the day of your exam: You are not allowed to drive, take a taxi for bus, or leave the Ambulatory Treatment Center alone. **If you do not have a responsible driver (family member or friend) with you to take you home, your exam cannot be done with sedation and will be cancelled.**

Report to third floor registration desk in Touro hospital at appointed time. Your expected time at the hospital should be about two to two and a half hours. MD will talk with you before you leave.

Nothing to eat or drink after midnight or the morning of your procedure. The only exception is blood pressure medications that may be taken with a sip of water.

Medications

If you take blood thinners, blood thinners include:

- Coumadin (warfarin)
- Plavix (Clopidogrel)
- Ticlid (Ticlopidine Hydrochloride)
- Agrylin (Anagrelide)
- Xarelto (Rivaroxaban)
- Pradaxa (Dabigatran)
- Eliquis (Apixaban)
- Effient (Prasugrel)
- Brilinta (Ticagrelor)
- Aggrenox (ASA and Dipyridamole)
- Aspirin 325 mg
- **Hold for _____ days before your procedure.**

Diabetics: Take half of your usual insulin dose the evening before your procedure. Hold oral diabetic medication and insulin morning of procedure.

All other medications should be taken the day of exam with a sip of water.

Leave all valuables at home.

If you have questions please call the clinic at 504-897-8005

Communicate with us through patient portal:

Patientportal.lcmchealth.org/Mychart/Authentication/Login?